

Press

Kona Tanning Company, LLC

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FLARE Magazine Interviews Katie Quinn



## Fake It Till You Make It

We asked Katie Quinn, the body makeup artist who contours Victoria's Secret Angels for the runway and the founder of Kona Tanning Company, how to create the illusion of carved gams with a bottle of self-tanner

**1** Apply a base of tanner and let it soak in. Lift one knee in the air and turn the leg out to the side so you can see the line where the fat hangs off the muscles. Apply self-tanner along that line, using your fingers to blend it downwards, over the fatty part.

**2** For the outside of the leg, squat slightly and twist your leg inward. That will bring out the natural definition on the outside of the thigh. Fill in that line, too, right down to the knee.

**3** To do the calf, start where it connects to the heel. Make the base of the muscle slightly darker. (This helps hide cankles, too.) Then blend the tanner up the sides of the natural calf muscle, leaving the centre of the calf light.

**4** Finish by using a shimmery highlighter on the surfaces you want to appear rounder—the shins, the backs of the calves and the quads. Quinn likes Benefit's Bathina "Take a Picture... It Lasts Longer," but you can use any highlighter stick.

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